



Life Skills Curriculum Plan Overview



Year 7B

Term	Topic	Key Words	Learning	How can parents' best support
Autumn 1 Topic: Local Community	Relationships My Networks Relationships Consent Personal well being	friends family trust parents carers safety consent appropriate not appropriate law expectations network self advocacy	<ul style="list-style-type: none">• Students will talk about trusted people in their lives• Students will build relationships in their new school and talk about the qualities they look for in a friend• Student will talk about support network they have at home and establish a staff advocate in school• Students will talk about their thoughts and feelings, triggers and worries and we will practise mental health and wellbeing practices together	Please share information about who is in your child's family and support network - feel free to send in photos to school so we can use these as visuals. Further information about mindfulness can be found here: Mindfulness for Kids - Mindful Lots of articles and resources on mindfulness can be found here: 18 Mindfulness Games, Worksheets and Activities for Kids (positivepsychology.com)
Assessment:				
Autumn 2 Topic: Changes and Transformations	My Autism The Alert Programme	Autism understanding sensory regulation social communication awareness aspiration	Students will have the opportunity to learn more about their Autism and talk about ways in which it affects them in daily life	Please share things that you find a barrier at home e.g. loud noises, shopping, hairdressers etc. and we can build this into your child's Sensory profile

		celebration	<p>We will celebrate all things Autism by looking at famous people with a diagnosis of Autism</p> <p>Students will have lead-sessions by our on-site Occupational Therapist and create individual sensory profiles</p>	<p>Why not look at some famous people with autism? 20 Famous People with Autism Spectrum Disorder (ASD) Behavioral Innovations - ABA Therapy for Kids with Autism (behavioral-innovations.com)</p>
Assessment:				
<p>Spring 1</p> <p>Topic: Charity</p>	<p>Job Roles and responsibilities, my personal destinations and - charity enterprise project</p>	<p>roles responsibilities moral contribute celebrate delegate collaborate support advocate</p>	<ul style="list-style-type: none"> • Students will have the opportunity to explore and start to establish what they feel their individual destination is after Presfield • We will explore different destinations and talk about the qualities and skills required to get there • Students will talk about collaboration, communication and work in a team • Students will have the opportunity to work as a team to help our local Food Bank 	<p>Talk about job roles, volunteering and destinations within your family or support network.</p> <p>Talk to your child about their individual strengths</p> <p>If you can, please send in food donations for our local Food Bank this term</p>
Assessment:				

<p>Spring 2</p> <p>Topic: Significant people and events in history</p>	<p>Roles and responsibilities in our local community</p> <p>Budgeting and planning</p> <p>Hosting a Parent Meal Event!</p>	<p>roles responsibilities moral contribute celebrate delegate collaborate support budget host fire service police service mental health service</p>	<p>Students will learn about roles within our local community such as fire fighters, police officers, mental health services and health professionals. We discuss where we can go for help and support.</p> <p>Students will build upon teamwork and collaboration skills from last term and utilise these to plan for, budget, prepare and deliver a parent meal</p>	<p>Please come along and enjoy a meal prepared entirely by your child!</p> <p>We love feedback, so please provide us with some constructive criticism and positive praise following the event so we can continue to improve.</p>
<p>Assessment:</p>				
<p>Summer 1</p> <p>Topic: My World</p>	<p>Getting out and about independently Travelling Planning a journey</p>	<p>travelling rain bus journey planning time keeping budgeting</p>	<ul style="list-style-type: none"> • Students will have the opportunity to plan a short community journey and complete it with as much independence as they can. • Pupils will choose a destination, the model of travel, budgeting and also apply our learning in maths with timings throughout. 	<p>If you can, use public transport and support your child to read the timetables, pay for their journey and sequence events - please share your successes with us in school!</p>
<p>Assessment:</p>				
<p>Summer 2</p> <p>Topic: sustainability</p>	<p>Planning for Year 7 Residential</p>	<p>ll</p>	<ul style="list-style-type: none"> • Students will have the opportunity to go on a Year 7 overnight Residential. Students will be involved in the planning, preparation for this event and supported with a variety of communication and visual aids so 	<p>Please go through visual aids, itinerary and supports in preparation for this event</p> <p>Please share with school any worries or concerns so we can work together to support your child to fully embrace this</p>

			that they can get the most out of this fantastic experience!	opportunity.
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7B will also experience the following during our Life Skills Sessions in order to promote Cultural Capital and practice Skills for Life: