



Sixth Form ASDAN Qualifications Curriculum Plan Overview

ASDAN CoPE Level 1 and 2, PSD Entry Level 2 - Level 2

Term	Topic	Learning	How can parents' best support
Autumn 1	CoPE Level 1 - (Work Related Learning 8B - Enterprise project)	Students will be running a school tuck shop <ul style="list-style-type: none"> Working with others Sharing information with others Working with money Supporting peers Checking and reviewing progress 	Discuss types of snacks and refreshments sold at a tuck shop and investigate different varieties, e.g. healthy options, flavours, sizes. Talk about costing and budgeting
	CoPE Level 2 - (Independent Living 4C - Organise a special event)	<ul style="list-style-type: none"> Working with others Importance of ground rules Sharing information with others Carrying out SMART tasks Supporting peers Checking and reviewing progress 	Discuss the importance of social rules during group work. Encourage the importance of following ground rules during group work. Discuss your child's individual roles and responsibilities and support them in completing them.
	PSD - Making the Most of Leisure Time	<ul style="list-style-type: none"> Working with others Understanding the importance of leisure and recreation Taking part in different leisure and recreation activities Making independent decisions Reviewing their own progress 	Discuss what leisure and recreation activities are available in your local area. Encourage your young adult to consider what leisure and recreation activities they would like to try.
Assessment :	Coursework		
Autumn 2	CoPE Level 1 - (Communication 1C Manage a bulletin board)	Students will be managing the use of a student bulletin board: <ul style="list-style-type: none"> Working with others Sharing information with others Carrying out SMART tasks Supporting peers 	Discuss topics that appeal to the target audience and age group Ask about upcoming events. Talk about public affairs and topics in the news.
	CoPE Level 2 - (Communication 1C - Production of pages on a website)	<ul style="list-style-type: none"> Production of pages for a website Importance of ground rules Making clear and relevant contributions in a way that suits the purpose and situation Listening and responding appropriately Moving discussions forward 	Regularly view your child's progress with the webpage production and discuss suggestions for improvement. Encourage the importance of following ground rules during group work. Practise listening and responding during discussions and moving them forward.
	PSD - Healthy Living	<ul style="list-style-type: none"> Identify key elements of a healthy lifestyle Understand why a healthy lifestyle is important Select and carry out activities to contribute to a healthy lifestyle Review contribution of activities towards their healthy lifestyle choices Suggest alternative activities to experience 	Encourage your young adult to try out different elements of a healthy lifestyle. Discuss how the different activities they experience go.
Assessment :	Coursework		
Spring 1	CoPE Level 1 - (Independent Living 4C Organise a special event)	Students will plan and deliver a special event (to be decided) <ul style="list-style-type: none"> Working with others Importance of ground rules Sharing information with others Carrying out SMART tasks Supporting peers Checking and reviewing progress 	Discuss the importance of social rules during group work. Encourage the importance of following ground rules during group work. Discuss your child's individual roles and responsibilities and support them in completing them.
	CoPE Level 2 - (Work-related learning 8B2 -	<ul style="list-style-type: none"> Working with others Importance of ground rules Researching potential enterprise projects Set SMART goals 	Discuss the importance of social rules during group work. Encourage the importance of following ground rules during group work.

	Enterprise project)	<ul style="list-style-type: none"> • Planning tasks with others • Working co-operatively towards achieving identified objectives • Reviewing contributions and finding ways for improvement 	Discuss your child's individual roles and responsibilities and support them in completing them.
	PSD - Environmental Awareness	<ul style="list-style-type: none"> • Awareness of how human behaviours can harm the environment • Awareness of how human behaviours can help the environment • Understand environmental issues in local areas • Identify ways in which issues can be tackled to bring about improvements 	Encourage your young adult to explore their local environment safely to identify areas of beauty along with areas which require improvement.
Assessment :	Coursework		
Spring 2	CoPE Level 1 - (Work-related learning C3, 4, 5, 8, 9)	<p>Students will work towards developing employability skills</p> <ul style="list-style-type: none"> • Improving understanding of the job application process • Writing a letter of application • Writing a CV • Completing an application form • Researching a job prior to a mock interview 	<p>Research jobs and the skills and qualities required at home.</p> <p>Discuss the importance of a strong CV.</p> <p>Practise mock interview questions to prepare your child.</p> <p>Encourage your child to wear appropriate interview clothing for the interview.</p>
	CoPE Level 2 - (Work-related learning 8A3, 9)	<ul style="list-style-type: none"> • Improving understanding of the job application process • Writing a letter of application • Writing a CV • Completing an application form • Researching a job prior to a mock interview 	<p>Research jobs and the skills and qualities required at home.</p> <p>Discuss the importance of a strong CV.</p> <p>Practise mock interview questions to prepare your child.</p> <p>Encourage your child to wear appropriate interview clothing for the interview.</p>
	PSD - Healthy Eating	<ul style="list-style-type: none"> • Understand the importance of maintaining a balanced diet • Understand the impact of a poor diet on an individuals health • Identify main food groups needed to maintain a balanced diet • Prepare a healthy meal 	Discuss healthy balanced diets. Try to encourage your young adult to share their knowledge and experience with you.
Assessment :	Coursework		
Summer 1	CoPE Level 1 - (Expressive Arts 11B 3, 4)	<p>Students will work on an expressive Arts project (to be decided)</p> <ul style="list-style-type: none"> • Individual arts production (music, jewellery, dance, photographs, film, textiles, painting, graphic design) • Visiting a site that is rich in creative source material • Setting SMART targets • Making choices • Reviewing progress • Identifying areas for improvement 	<p>Encourage discussions to make appropriate choices to the task given.</p> <p>Review the individual arts production regularly suggesting ways to improve.</p> <p>Discuss the importance of setting SMART goals.</p> <p>Practise reviewing skills in different activities within the home (cooking a meal, watching a TV show etc.).</p>
	CoPE Level 2 - (Expressive Arts 11B3, 4)	<ul style="list-style-type: none"> • Individual arts production (music, jewellery, dance, photographs, film, textiles, painting, graphic design) • Visiting a site that is rich in creative source material • Setting SMART targets • Making choices • Reviewing progress • Identifying areas for improvement 	<p>Encourage discussions to make appropriate choices to the task given.</p> <p>Review the individual arts production regularly suggesting ways to improve.</p> <p>Discuss the importance of setting SMART goals.</p> <p>Practise reviewing skills in different activities within the home (cooking a meal, watching a TV show etc.).</p>
	PSD - Healthy Eating	<ul style="list-style-type: none"> • Understand the dietary needs of different people • Describe different dietary needs • Produce a healthy eating plan for a specific dietary need 	Discuss different dietary needs and support research into different meals and recipes for different dietary groups.
Assessment :	Coursework		
	CoPE Level 1 - (challenge name and code)	<ul style="list-style-type: none"> • Importance of keeping fit • Exploring different ways to keep fit and healthy • What makes a healthy diet? • Assessing our own health and fitness • Devising a health and fitness programme relevant to you 	<p>Discuss the importance of keeping fit and encourage your child to continue this at home.</p> <p>Try different healthy foods that could be added to your child's diet.</p> <p>Review your child's health and fitness programme and their progress regularly.</p>

Summer 2	CoPE Level 2 - (Health and Fitness 7AB - Extended health and fitness programme)	<ul style="list-style-type: none"> • Importance of keeping fit • Exploring different ways to keep fit and healthy • What makes a healthy diet? • Assessing our own health and fitness • Devising a health and fitness programme relevant to you 	<p>Discuss the importance of keeping fit and encourage your child to continue this at home.</p> <p>Try different healthy foods that could be added to your child's diet.</p> <p>Review your child's health and fitness programme and their progress regularly.</p>
Assessment :	Coursework		
