



Swimming Curriculum Plan Overview

19S			
Term	Topic	Learning	How can parents' best support
Autumn 1	My Local Community	<p>When we visit the pool, we will be learning about reasons for using a leisure centre and the people who we may find there.</p> <p>We will be developing front crawl, backstroke, breaststroke, butterfly and water safety skills constantly throughout the year in order to consolidate what is being learnt and improve students' water confidence.</p>	Going swimming with your child to help them gain confidence in the water.
Assessment: Constant teacher assessment throughout all lessons, progressing students as they become more confident.			
Autumn 2	Changes	<p>This half term we will work on increasing the students' independence and resilience in dressing themselves before/ after swimming. We will encourage the growth in independence as they are changing and becoming older.</p> <p>We will be developing front crawl, backstroke, breaststroke, butterfly and water safety skills constantly throughout the year in order to consolidate what is being learnt and improve students' water confidence.</p>	Going swimming with your child to help them gain confidence in the water.
Assessment: Constant teacher assessment throughout all lessons, progressing students as they become more confident.			
Spring 1	Charity	<p>We will look at the different types of people that use the leisure centre and discuss the different benefits they will get from using it. Who do they think could be helped by a leisure centre?</p> <p>We will be developing front crawl, backstroke, breaststroke, butterfly and water safety skills constantly throughout the year in order to consolidate what is being learnt and improve students' water confidence.</p>	Going swimming with your child to help them gain confidence in the water.
Assessment: Constant teacher assessment throughout all lessons, progressing students as they become more confident.			
Spring 2	Significant people and events in British History	<p>We will have an olympics theme to swimming this half term and look at some of the British athletes who have had swimming success there.</p> <p>We will be developing front crawl, backstroke, breaststroke, butterfly and water safety skills constantly throughout the year in order to consolidate what is being learnt and improve students' water confidence.</p>	Going swimming with your child to help them gain confidence in the water.
Assessment: Constant teacher assessment throughout all lessons, progressing students as they become more confident.			
Summer 1	The World	<p>We will talk about the different places that you would need to swim. Beaches, lakes, rivers, swimming pools, canals. This will link into water safety.</p> <p>We will be developing front crawl, backstroke, breaststroke, butterfly and water safety skills constantly throughout the year in order to</p>	Going swimming with your child to help them gain confidence in the water.

		consolidate what is being learnt and improve students' water confidence.	
Assessment:	Constant teacher assessment throughout all lessons, progressing students as they become more confident.		
Summer 2	Transitions	<p>We will talk about how students can use a leisure centre even when they are not with Presfield to help with their health and happiness.</p> <p>We will be developing front crawl, backstroke, breaststroke, butterfly and water safety skills constantly throughout the year in order to consolidate what is being learnt and improve students' water confidence.</p>	Going swimming with your child to help them gain confidence in the water.

We will also be working towards the 'Making the most of leisure time' unit as part of the ASDAN PSD course throughout the year which will enable our students to gain a qualification.