



# 19S Science/interoception Curriculum Plan Overview

<b>19S</b>				
<b>Term</b>	<b>Topic</b>	<b>Learning</b>	<b>How can parents' best support</b>	<b>Key Vocabulary</b>
<b>Autumn 1</b>	Biology & interoception	The functions of the skeleton and what it is made up of.	Enjoy watching about the skeleton here: <a href="https://www.bbc.co.uk/bitesize/topics/zv9qhyc/articles/zr942sg">https://www.bbc.co.uk/bitesize/topics/zv9qhyc/articles/zr942sg</a>	bone skeleton ribs calcium skull strong upright protects
<b>Assessment:</b>	<u>Ongoing</u>			
<b>Autumn 2</b>	Biology & interoception	Digestive system - which parts make up the digestive system. How does it make us feel? Respiration.	Talk about recognising when we are hungry and full. Discuss how our breathing changes when we are feeling anxious or doing exercise.	mouth stomach intestines anus lungs breath oxygen carbon dioxide
<b>Assessment:</b>	<u>Ongoing</u>			
<b>Spring 1</b>	Biology & interoception	What is the job of the Nervous system? The effect this system has on our Autism. Sensory processing.	Talk about your child's sensory needs and how they can be more sensitive to touch or dislike certain fabrics.	Nervous system brain spinal cord reflex nerves
<b>Assessment:</b>	<u>Ongoing</u>			
<b>Spring 2</b>	Biology & interoception	The effects of alcohol and drugs on our bodies.  Healthy Living	Discuss the need for your child to make good choices relating to alcohol and recreational drugs. Talk about those prescribed by the doctor are carefully monitored.  Talk about trying healthy foods.	alcohol beer wine tablets cigarettes addicted prescription healthy fruit vegetables vitamins choices
<b>Assessment:</b>	<u>Ongoing &amp; Asdan</u>			
<b>Summer 1</b>	Biology & interoception	Life cycles	Talk about yourself when you were younger and about your child when they were younger. Plant some seeds and care for them together.	cycle life seed shoot leaves petals germination plant adult adolescent child toddler old people baby
<b>Assessment:</b>	Ongoing & Asdan			
<b>Summer 2</b>	Biology & interoception	Environmental awareness	Talk about the effect humans have on the environment and how the environment affects humans.	habitat leisure pollution litter recycle oxygen solar energy wind power crops non recycled waste carbon dioxide