



19S Life skills Curriculum Plan Overview

19S				
Term	Topic	Learning	How can parents' best support	Key Vocabulary
Autumn 1	Housework	Using domestic appliances Cleaning Cooking Using washing machine and dryer Create shopping list and locate items in supermarket	Discuss reasons why you use a specific cycle on the washing machine and why certain clothes cannot go in together. Encourage your child to help around the house. Encourage your child to use the signage in supermarkets	Morrisons spray clean cloth washing machine cycle dryer timer
Assessment:	<u>Ongoing</u>			
Autumn 2	My Autism and me	Recognising features of our own Autism and knowing that no one person's needs are the same as another's.	Talk about what makes your child unique and how they best deal with their sensory needs. It may be interesting to look at others with Autism: 20 Famous People with Autism Spectrum Disorder (ASD) Behavioral Innovations - ABA Therapy for Kids with Autism (behavioral-innovations.com)	Likes Dislikes Friends Friendship Family Members Support Autism Self Reflection Regulation Strategies Toolbox Resilience
Assessment:	<u>Ongoing</u>			
Spring 1	Preparing for our residential trip	Talking about fears and worries at the residential and how we can overcome them.	Remind students about how much they enjoyed visiting Bendrigg last time. This time it will be familiar and they can choose which activities they would like. They have stayed away from home before and this time will be easier. https://www.bendrigg.org.uk/	Bendrigg worried sleep scared fun climbing caves minibus Kendal Acorn house activities sensory room swing friends
Assessment:	<u>N/A</u>			
Spring 2	Tolerance and resilience	Tolerating others when they are struggling Becoming more resilient myself Setting realistic goals Diversity and celebrating differences not just tolerating them.	Talk about tolerance and allowing others time to self regulate. Ask your child about their list of 5 self regulation items in school. Talk about the future and what your child would like to do.	tolerance respect regulation resilience goals sensory needs diversity cultures religions beliefs and values

Assessment:	Ongoing			
Summer 1	Community	<p>Understanding that we are part of a community</p> <p>Litter picking</p> <p>Local visits to embrace different cultures</p> <p>Learn some basic language of a student in school</p>	<p>Take your child out in the community, talk about what is near to them and different places they may choose to go to.</p> <p>Talk to your child about the places we visit in school.</p>	<p>community local visits cultures celebrate beliefs and values</p>
Assessment:	Ongoing			
Summer 2	Becoming more independent	<p>Learning the vocabulary used when making phone calls</p> <p>Making appointments</p> <p>Looking at virtual tours to support places they may need to go</p>	<p>Allow your child to observe when you are making an appointment over the phone.</p> <p>Before going out on a visit try to find a virtual tour to help your child know what to expect</p> <p>https://www.youtube.com/watch?v=JJWUw5ygM4</p>	<p>phone hello goodbye appointment times days virtual tours</p>