

PE Curriculum Plan Overview

Year 11 - Sports Leader			
Term	Topic	Learning	How can parents' best support
Autumn 1	3. Be able to take on the roles and responsibilities of an official in sport/physical activity	● Task 1.4 — Act as an official	Watch basketball games on Youtube.
Assessment:	,		
Autumn 2	1. Know the skills and behaviours needed to lead others 1. Know how to plan structured and inclusive sport/physical activity	 Task 1.1 – Leadership skills and behaviours Task 1.2 – Leadership skills and behaviours as part of a group Task 2.1 – Plan, assist in leading and review a sport/physical activity session 	Research good coaches on the internet.
Assessment:			J
Spring 1	4. Know the leadership opportunities available to them 3. Know how to lead structured and inclusive sport/physical activity	 Task 2.1 – Plan, assist in leading and review a sport/physical activity session 	Research what qualifications students car progress onto after Sports Leader level 1
Assessment:	•		,
Spring 2	4. Be able to assist in leading structured and inclusive sport/physical activity	 Task 2.1 – Plan, assist in leading and review a sport/physical activity session 	Practice session scripts.
Assessment:			
Summer 1	5. Be able to review a sport/physical activity session	 Task 2.1 – Plan, assist in leading and review a sport/physical activity session 	Discuss coaching sessions and how students think they could improve their sessions.